

Fluid Milk Substitutions in Child Nutrition Programs






USDA Criteria for Required Nutrient Levels to Qualify as Non-Dairy Beverage Substitute		
Nutrient	Required Amount Per Cup	Label
Calcium	276 mg	30%
Protein	8 grams	8 grams
Vitamin A	500 IU	10%
Vitamin D	100 IU	25%
Magnesium	24 mg	8%
Phosphorus	222 mg	25%
Potassium	349 mg	11%
Riboflavin	.44 mg	25%
Vitamin B12	1.1 mcg	15%

The following list of **Non-Dairy Beverages Meeting USDA Substitution Criteria** is subject to change and not all inclusive. Please consult the actual product label to compare current nutrition information and verify it contains the required nutrients listed above. Questions? Contact your area Child Nutrition Consultant or call Child Nutrition & Wellness 785-296-2276.

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Non-Dairy Beverages Meeting USDA Substitution Criteria

								
Product Name	WESTSOY® Organic Plus Plain & Vanilla	Sunrich Naturals Plain or Vanilla Soy Milk	Silk Original Soy Milk	8th Continent Original or Vanilla Soy Milk	Kirkland Signature™ Organic Plain Soy milk	Pacific Natural Ultra Soy Milk Plain or Vanilla	PEARL Organic Smart Soy Milk Original, Creamy Vanilla, or Chocolate	Great Value Original Soy Milk
Possible Vendors	Dillon's Hy-Vee Whole Foods online Walmart	Sysco-special order	Dillon's Hy-Vee Target Walmart	Dillon's Hy-Vee Safeway Walmart	Costco	amazon.com Hy-Vee Green Acres- Wichita	http://kikkoman.elsstore.com EVCO Sysco US Foods	Walmart
Container Size/ Packaging	32 oz. 64 oz.	8 oz. carton (24/case)	Quart, Half Gallon, Twin Pack, or Three Pack	Half gallon or 8 oz. carton (12 or 40/case)	32 oz. container or 12-pack	8.25 oz. carton (24/case) or 32 oz. carton	8.25 oz. boxes (24/case)	64 oz. carton
Shelf Stable	No	Yes	Yes, until date on carton	No	Yes	Yes	Yes, 1 year unopened	No
Storage Tips	Refrigerate before serving	24 month shelf life from production date	Refrigerate before serving	Refrigerate & use within 7-10 days. 8 oz. has refrigerated shelf life of 30 days.	Refrigerate & use within 7-10 days after opening.	Refrigerate after opening	Refrigerate after opening	Refrigerate
Web Site for More Information	http://westsoy.elsstore.com/shop/subcatprodx.asp?category_id=2501&subcategory_id=2501&storeId=515677683BC94017BD71B5776170587	http://www.sunrich.com/pdfs/soy_milk.pdf	http://silk.com/products/original-soymilk	http://www.8thcontinent.com/products/original/	http://www.costco.com/wcsstore/CostcoUSBCatalogAssetStore/Attachment/49100-Nutritional_Information.pdf	http://www.pacificfoods.com/food/non-dairy-beverages/soy-beverages/all-natural-ultra-soy-original	http://www.kikkomanusa.com/foodservice/products/fs_sub_list.php?dep=2&fam=211	http://www.walmart.com/ip/Great-Value-Original-Soy-milk-1.89-1/19500254

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